# Multimedia Appendix 1

## MF/SS-CTCL QoL

Please complete these items regarding your experiences over the past 4 weeks.

## In the past 4 weeks...

| Q1how much did you worry that your mycosis fungoides or Sézary syndrome may get              |                  |              |              |       |                 |                |  |  |
|--|------------------|--------------|--------------|-------|-----------------|----------------|--|--|
| worse?   |                  |              |              |       |                 | _              |  |  |
| 1  | 2                | 1.           | 3            |       | 4               | 5              |  |  |
| Not at all   |                  |              | Somewhat     |       | Quite a bit     | Very much      |  |  |
| Q2how often did you feel hopeless because of having mycosis fungoides or Sézary              |                  |              |              |       |                 |                |  |  |
| syndrome?  |                  |              |              |       |                 |                |  |  |
| 1  | 2                |              | 3            |       | 4               | 5              |  |  |
| Never  | Rare             | ely S        | Sometimes    |       | Often           | Always         |  |  |
| Q3how fru  | strated were you | by the unpre | edictability | of my | cosis fungoide  | s or Sézary    |  |  |
| syndrome?  | _                | _            |              |       |                 | -              |  |  |
| 1  | 2                |              | 3            |       | 4               | 5              |  |  |
| Not at all   | A little bit     |              | Somewhat     |       | Quite a bit     | Very much      |  |  |
| Q4how often did you feel depressed or sad because of mycosis fungoides or Sézary             |                  |              |              |       |                 |                |  |  |
| syndrome?  |                  | •            |              |       | • 3             |                |  |  |
| 1  | 2                |              | 3            |       | 4               | 5              |  |  |
| Never  | Rarely           |              | Sometimes    |       | Often           | Always         |  |  |
| Q5how confident did you feel about managing your mycosis fungoides or Sézary                 |                  |              |              |       |                 |                |  |  |
| syndrome?  |                  |              |              |       |                 |                |  |  |
| 1  | 2                |              | 3            |       | 4               | 5              |  |  |
| Absolutely   | Very confident   |              | Moderately M |       | Iildly confiden | t Not at all   |  |  |
| confident  | , ery community  |              | confident    |       | 5               | confident      |  |  |
| Q6how severe were your mycosis fungoides or Sézary syndrome                                  |                  |              |              |       |                 |                |  |  |
| symptoms?  | J .              | , ,          |              | 5 5   |                 | Does not apply |  |  |
| 1  | 2                | 3            |              | 4     | 5               | (I don't have  |  |  |
| Not at all   | A little severe  |              | evere S      | evere | Very severe     | `              |  |  |
| 1 vot at all   | Trincie severe   | Some what s  | evere o      | cvere | very severe     | now)           |  |  |
| Q7 how burdensome was your mycosis fungoides or Sézary syndrome                              |                  |              |              |       |                 |                |  |  |
| treatment?  Does not apply   |                  |              |              |       |                 |                |  |  |
| 1  | 2                | 3            | 4            |       | 5               | (I don't have  |  |  |
| Not at all   | A little         | Somewhat     | Burde        | nsom  | Very            | symptoms right |  |  |
| burdensome   | burdensome       | burdensome   | e e          | !     | Burdensome      | now)           |  |  |
| Q8how much did your mycosis fungoides or Sézary syndrome limit your daily activities         |                  |              |              |       |                 |                |  |  |
| (work inside and outside of the house, self-care such as cooking, cleaning, getting dressed, |                  |              |              |       |                 |                |  |  |
| etc.)?   | _                | •            |              |       |                 |                |  |  |
| 1  | 2                |              | 3            |       | 4               | 5              |  |  |
| Not at all   | A little         | e bit        | Somewhat     |       | Quite a bit     | Very much      |  |  |

| Q9how often did mycosis fungoides or Sézary syndrome (the condition or associated treatment) leave you too tired to work or do daily activities? |              |           |             |           |  |  |  |
|--|--------------|-----------|-------------|-----------|--|--|--|
| 1  | 2            | 3         | 4           | 5         |  |  |  |
| Never  | Rarely       | Sometimes | Often       | Always    |  |  |  |
| Q10how much did mycosis fungoides or Sézary syndrome negatively affect your  |              |           |             |           |  |  |  |
| relationships with others close to you?  |              |           |             |           |  |  |  |
| 1  | 2            | 3         | 4           | 5         |  |  |  |
| Not at all   | A little bit | Somewhat  | Quite a bit | Very much |  |  |  |
| Q11how often did you feel that others do not understand what you are going through   |              |           |             |           |  |  |  |
| with mycosis fungoides or Sézary syndrome?   |              |           |             |           |  |  |  |
| 1  | 2            | 3         | 4           | 5         |  |  |  |
| Never  | Rarely       | Sometimes | Often       | Always    |  |  |  |
| Q12 to what extent did mycosis fungoides or Sézary syndrome make you feel  |              |           |             |           |  |  |  |
| uncomfortable being around people other than close family and friends?   |              |           |             |           |  |  |  |
| 1  | 2            | 3         | 4           | 5         |  |  |  |
| Never  | Rarely       | Sometimes | Often       | Always    |  |  |  |

The following items are not part of the MF/SS-CTCL QoL, but may provide useful information about the patient's experience:

### In the past 4 weeks...

| how much did mycosis fungoides or Sézary syndrome limit your ability to wear clothes you wanted to? |                  |               |                  |                  |   |  |  |  |
|---|------------------|---------------|------------------|------------------|---|--|--|--|
| 1<br>Not at all   | A litt           | le bit        | 3<br>Somewhat    | 4<br>Quite a bit | 5<br>Very much                          |  |  |  |
| to what exter impact and man mycosis fungoi   | Does not apply   |               |                  |                  |   |  |  |  |
| 1<br>Not at all   | 2<br>Very little | 3<br>Somewhat | 4<br>Quite a bit | 5<br>To a great  | (I don't have<br>symptoms right<br>now) |  |  |  |

### Copyright

The MF/SS-CTCL QoL is licensed under the Creative Commons Attribution-ShareAlike Version 3.0. The full terms of the license are available at http://creativecommons.org/licenses/by-sa/3.0/us/.